

# MURUPARA COMMUNITY BOARD NEWSLETTER

## Plastic Free July

Plastic Free July is the perfect time to start making simple swaps to reduce how much plastic you use. Here's some ideas:

- Swap your plastic toothbrush for the bamboo option
- Switch to shampoo and conditioner bars
- Use beeswax wraps instead of Glad® wrap
- Make your own crackers

Head to [plasticfreejuly.org](http://plasticfreejuly.org) for more handy tips on how you can make a difference to the amount of plastic that ends up in our landfills and oceans.

Visit the Whakatāne District Council website and Facebook page for more information, videos and a competition to win a great plastic-free hamper.



## Don't treat us like rubbish



Rubbish in yellow-lid recycling bins continues to be a big problem. In June, Council sent 75 tonnes, which is about 11 truckloads, of what should have been recycling to landfill, because it included non-recyclable items. The main culprit was soft plastics – things like bread bags, plastic food wrap and squeeze pouches – but there were also things like old carpet, metal poles and sanitary waste.

**Remember, the 'Big 6' that you can put in your yellow-lid bin – cardboard, paper, tins, cans, plastics 1 and 2. That's it, nothing else!**



**CARDBOARD**  
PEPAMĀRŌ  
PAPER PEPA



**CANS NGĀ KĒNE**  
**TINS NGĀ TINI**



**PLASTICS 1 & 2**  
**KIRIHOU 1 & 2**

Look for the recycling triangle on the bottom of plastic products, and if there isn't a number or it's numbered 3-7, put it in your rubbish bin.

On-street audits of yellow-lid bins are coming to the Murupara area soon. If contractors find items in your yellow-lid bin that aren't recyclable, your bin will be stickered (identifying the offending item) and left unemptied.

**BREAKING NEWS!** Countdown Whakatāne now has soft plastic recycling bins available, so next time you're in Whakatāne you can drop off all your soft plastics including bread bags, bubble wrap and plastic packaging for things like toilet paper, cereal and snacks.

# Draft Cemeteries and Crematoria Bylaw 2020

Whakatāne District Council has reviewed the Draft Cemeteries and Crematoria Bylaw 2018, after a request for natural burials to be allowed in the Whakatāne District.

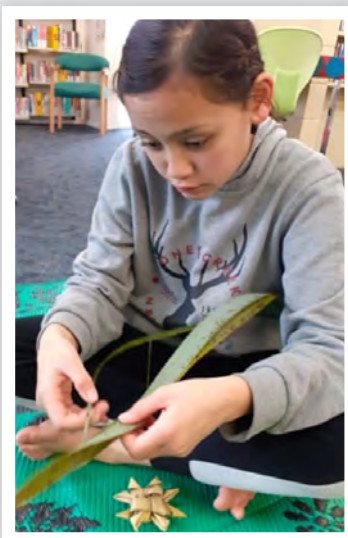
The main changes to the new proposed bylaw are:

- The addition of a section about natural burial areas, including what they mean.
- The extension of the days a burial may take place to include Sundays.
- Clarification of the requirement for Council approval for memorials before installation.

Any person or organisation is welcome to make a submission on the proposed bylaw changes, either online at [koreromai.whakatane.govt.nz](http://koreromai.whakatane.govt.nz) or by email or post.

Submissions close 5pm, Friday 24 July.

## Manawa maiea te putanga o Matariki Manawa maiea te matahī o te tau Celebrate the importance of Matariki Exalt the New Year!



During Matariki, the Murupara Library and Service Centre team held school holiday events to honour the importance of this time. One event celebrated the knowledge of raranga, which is the art of weaving.

*Left: Mere Kuia Ngamoki enjoyed weaving a harakeke star during a school holiday Matariki event.*

## WHAT'S ON?

### Murupara Community Board meeting

WHEN: 10 am Monday, 14 September 2020

WHERE: Galatea Hall, Mangamate Road, Galatea

## DOG REGISTRATION PRIZES UP FOR GRABS

When you register your dog(s) before 5pm Friday, 31 July, you'll go in the draw to win a range of fantastic prizes including a kennel and run worth \$850.

You can pay your dog registration online or at the Murupara Service Centre.

Pay your registration fees before 5pm Friday, 31 July 2020 to be into **WIN!**



## Medical Centre update

The number of COVID-19 cases in managed isolation in New Zealand means we have decided to continue to see anyone with a fever, respiratory or cold symptoms in their car, unless they have had a recent negative COVID-19 swab, and then only at the discretion of the doctor.

We've now resumed all screening activities, including cervical smears. Unfortunately, the number of women who are up to date with their smears is at an all-time low, and many women enrolled at the practice have never had a smear. Please make an appointment with one of our nurses if you know that you are due, overdue, or have never had a smear and are a woman aged 25-69 years.

We also really encourage our young Māori men to get their free heart health check. If you're aged 35-45, call the clinic to book your appointment – remember it's a FREE check!

Te Whare Tapa Wha is a model that recognises the need to look after our physical, mental, emotional and spiritual wellbeing to be as healthy as possible. When we neglect one of these pillars, our whole house is likely to tumble. We encourage everyone to take proactive steps to optimise overall health, and a small step forward might be coming in for a free health check. Support people are welcome to come along – they might even like to get their own check done.

Noho ora mai  
Dr Britta



**Story ideas to:** Alison Silcock T. 027 451 2087 or 366 4087 E. [alison.silcock@whakatane.govt.nz](mailto:alison.silcock@whakatane.govt.nz)